

A Decision Aid for Patients Considering Participating in a Pig Kidney Xenotransplant Clinical Trial

■ Karen J. Maschke, PhD
The Hastings Center for Bioethics

■ Michael K. Gusmano, PhD
Lehigh University

■ Elisa J. Gordon, PhD, MPH
Vanderbilt University Medical Center

Table of Contents

Section	Page(s)
1. What is the purpose of this document?	3–4
2. What is pig kidney xenotransplantation?	5
3. What is a ‘gene-edited’ pig kidney?	6
4. Facts about pig kidney xenotransplantation	7
5. What is a pig kidney xenotransplant clinical trial?	8
6. Deciding whether to participate in a pig kidney xenotransplant clinical trial	9
7. What are your options?	10
8. Possible advantages and disadvantages of each option	11–15
9. What is most important to you?	16
10. Reflecting on your values	17
11. What are the next steps?	18
12. Sources for information	19–20
Acknowledgments	21–22

What is the purpose of this document?

This document is called a **decision aid**. You are receiving this decision aid because a transplant research team has offered you the opportunity to participate in a pig kidney xenotransplant clinical trial, which is a human research study.

The purpose of this decision aid is to help you decide whether to participate in the clinical trial.

This decision aid offers information about each of your options, asks questions to help you reflect on your values and treatment goals, and lists some articles and websites that you can review for more information.

How you use this decision aid is up to you. You might start by reviewing the decision aid and talking to family members and/or others who can help you think about what decision to make.

What is the purpose of this document? (continued)

This is not an informed consent form. If you decide that you want to learn more about participating in the clinical trial, you can talk to the research team. By using this decision aid, you are **not** providing informed consent or agreeing to participate in the clinical trial.

This document might not answer all your questions about a pig kidney xenotransplant clinical trial. You can ask your doctor or transplant team questions at any time.

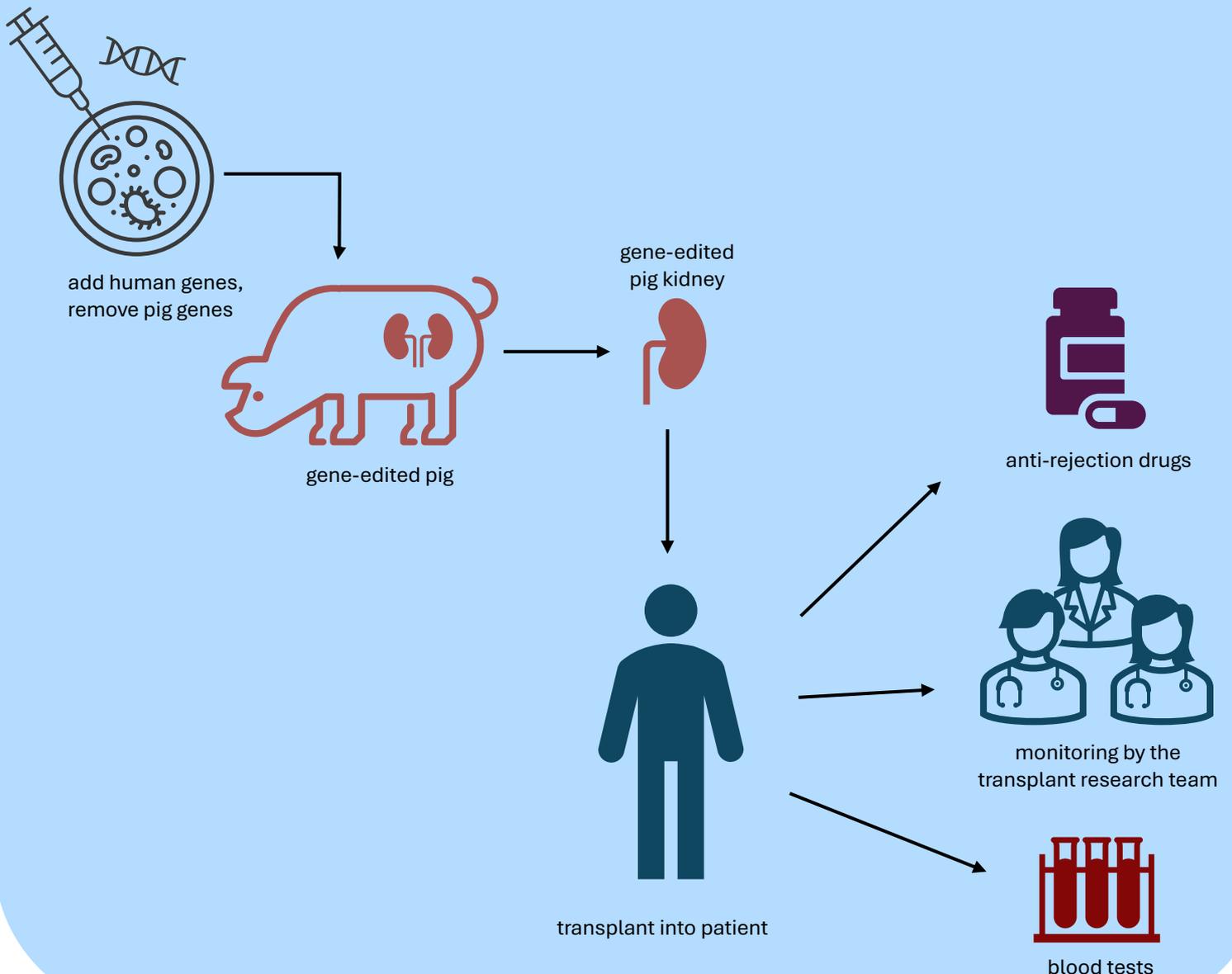
Asking your doctor or the transplant team questions does **not** mean that you are participating in an informed consent discussion.

If you choose to participate in a pig kidney xenotransplant clinical trial, you will have an informed consent discussion with the transplant research team. During the informed consent discussion, you can ask any questions about the clinical trial.

What is pig kidney xenotransplantation?

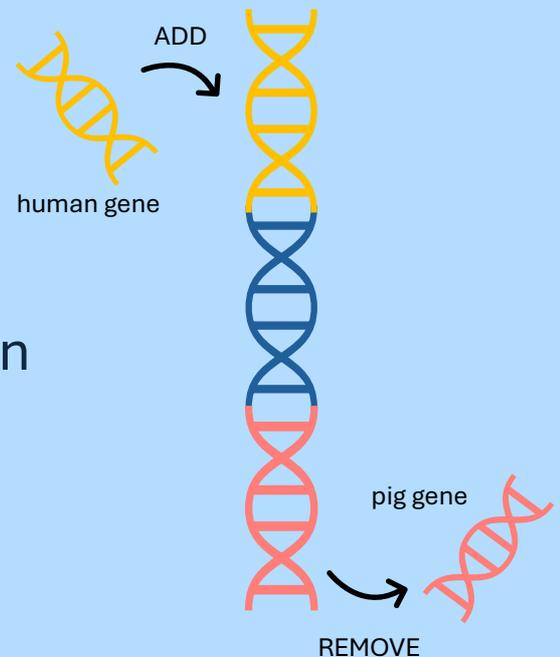
Xenotransplantation transfers an organ from an animal into a human recipient.

Pig kidney xenotransplantation transfers a kidney from a gene-edited pig into a human recipient.



What is a 'gene-edited' pig kidney?

- The kidneys used in xenotransplant clinical trials come from pigs that have been **gene-edited**.
- Gene-edited pigs have some human genes added and some pig genes removed.
- Gene editing helps make the human body less likely to reject the pig kidney.
- There might be other gene edits made to the pig. The research team can explain which edits were made and why.



Facts about pig kidney xenotransplantation

- Some early research studies have transplanted pig kidneys into monkeys and baboons (non-human primates), and into deceased humans whose families agreed to the xenotransplant to see how well the pig kidneys work.
- Some living people in the U.S. have received a gene-edited pig kidney under the U.S. Food and Drug Administration's (FDA's) Expanded Access/Compassionate Use pathway.
- The FDA's Expanded Access/Compassionate Use pathway is different from a clinical trial.
- Xenotransplants approved under this pathway are not done as part of a research study. Research studies are needed to provide more information about whether these transplants are safe and work.

What is a pig kidney xenotransplant clinical trial?

A pig kidney xenotransplant clinical trial is one kind of research study.

The purpose of the clinical trial is to find out whether:

- The pig kidney is **safe** for human recipients
- The pig kidney **works** when transplanted into a human

Patients who meet eligibility requirements (e.g., their age and medical condition) may be offered the opportunity to participate in the clinical trial.

Deciding whether to participate in a pig kidney xenotransplant clinical trial*

You would undergo multiple discussions with the transplant research team to make an informed decision about whether to participate in the clinical trial.

Research team members will explain:

- The purpose and procedures of the clinical trial
- The risks of participating in the clinical trial
- The potential benefits of participating in the clinical trial
- The alternatives to being in the clinical trial
- Other details about the clinical trial

You can ask the research team any questions about the clinical trial.

If you decide to participate, you will sign an **informed consent form**, which states that you voluntarily agree to take part in the trial.

*Reminder: This decision aid is **not** an informed consent form. This decision aid aims to help you decide whether you want to learn more. By using this decision aid, you are **not** agreeing to participate in a clinical trial.

What are your options?

Should You Participate in a Pig Kidney Xenotransplant Clinical Trial?

OPTION 1

Do not participate in the clinical trial



Continue your current treatment plan

Continuing your current treatment plan may involve:

Waiting for a human kidney transplant



Dialysis



No treatment: conservative kidney management



Note: You can stay on the human waitlist while waiting for a pig kidney for participation in a clinical trial.

OPTION 2

Participate in the clinical trial



Receive a gene-edited pig kidney

Participating in the clinical trial may involve:

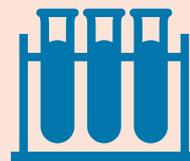
Possibly taking non-FDA-approved anti-rejection drugs



Being closely monitored by the transplant team, before and after transplant



Having your clinical data and blood, urine, and tissue samples collected by researchers



Possible advantages and disadvantages of each option

Participating in a pig kidney xenotransplant clinical trial

Possible Advantages

- You might receive a kidney transplant from a pig sooner than if you waited for a human kidney transplant.
- The pig kidney might be safe for you and might work. This information could help other kidney patients decide in the future.
- If you get a pig kidney transplant, you would come off dialysis.
- Taking part in this clinical trial will help researchers learn if a pig kidney is safe and if it works in humans.

Possible Disadvantages

- The pig kidney might not be safe in a human body.
- The pig kidney might not work and might have to be removed.
- You might get sicker after the pig kidney transplant or die from it.
- You might get an infectious disease from the pig kidney.
- You might transmit a pig infectious disease to your intimate partner or household members.
- The duration of post-transplant monitoring for a pig kidney will likely be longer than regular monitoring for a human kidney transplant.
- Local public health officials may also monitor you if you get an infectious disease from the pig.
- Monitoring for pig kidney infectious diseases might include your intimate partner and household members.
- The media might want to do a news story about your pig kidney transplant. If you agree, this story might violate your privacy.

- Your body might make more antibodies after receiving a pig kidney. This could make it harder to match with a human kidney if you need a human kidney in the future.
- If the pig kidney does not work, it is unknown if you would be able to return to dialysis.
- Little is known whether human viruses could infect, cause problems, or make changes in the pig kidney that could affect your survival and kidney function.
- It is unknown how long you could live with a pig kidney.
- The same risks of a human kidney transplant would also apply to a pig kidney transplant.
- You may feel distress from knowing that you have an animal organ in your body and knowing that a pig's life ended to give a kidney to you.
- Your family or friends may not approve of your decision to seek a xenotransplant.

Waiting for a human kidney transplant

Possible Advantages

- Kidney transplant recipients live longer than if they were on dialysis.
- On average, kidney transplants last 10 years.
- Kidney transplant recipients usually have a reasonable quality of life.
- Kidney transplant recipients may feel well enough to work and travel.
- Kidney transplant recipients have few dietary restrictions.

Possible Disadvantages

- It can take many years of waiting before getting a human kidney.
- **Possible health complications:**
 - An infectious disease from the human kidney donor.
 - Bleeding, infections (e.g., a bladder infection), hernia, and pain/numbness.
 - Problems to the heart, blood vessels, or urinary system.
 - High blood pressure, bone damage, high cholesterol, weight gain, infection, or kidney failure from anti-rejection medicines.
 - Weakened immune system due to anti-rejection medicines, which can increase your risk of cancer and make it harder to fight off infections.
 - Changes in how you look due to anti-rejection medicines (e.g., your face may get fuller, you may gain weight, or develop acne or facial hair).
 - A greater chance of getting cataracts, diabetes, extra stomach acid, and bone disease.
 - Kidney recipients may have sleep disorders, anxiety, and depression after transplant.

Dialysis

Possible Advantages

- Patients can stay alive on dialysis for many years.
- Patients may start dialysis sooner than they could get a human or pig kidney.
- Dialysis can give you a regular routine.
- Dialysis improves your health by removing wastes from your blood.
- Many patients on dialysis can still go to work.

Possible Disadvantages

- Many dialysis patients feel sick and have problems with sleep, muscle cramps, and feeling tired.
- Most adults on dialysis suffer from chronic pain.
- Patients on dialysis usually live shorter lives than patients who receive a human kidney transplant.
- Dialysis patients generally experience a very low quality of life because of the large amount of time needed to do treatment, and limits placed on diet and fluid intake.
- Treatment time may interrupt your daily routine.
- Patients can feel fatigued after the treatment.
- Patients who have physically active jobs may need to find other jobs.
- In addition, dialysis can:
 - Lead to circulatory problems, like poor blood flow or blood clotting.
 - Cause sudden changes in body water and chemical balance. These changes can lead to muscle cramping and low blood pressure, which can make you feel weak, dizzy, or sick.
 - Require dietary limits on salt intake, fluids, and high-phosphorus foods (e.g., poultry, fish, nuts, peanut butter, dried beans, cola, tea, and dairy products).

No treatment: conservative kidney management

Possible Advantages

- Patients usually go to few doctor visits.
- Patients usually need few blood tests.
- Patients usually take less medication.
- Reduced treatment procedures may improve quality of life.

Possible Disadvantages

- Patients usually live for a much shorter amount of time than patients on dialysis or patients who receive a transplant.
- Patients usually die within a few weeks after stopping dialysis treatment.
- As waste builds up in your blood, you may feel less alert and a loss of appetite.

What is most important to you?

Taking time to reflect on your values, priorities, and treatment goals can help you make a decision that is personally right for you. Identifying the factors that are most important to you may make it easier to decide whether to enroll in a pig kidney xenotransplant clinical trial or stay with your current treatment plan.

Write down each value and priority that is guiding you. Next, rank how important each value and priority is on a scale of **1** (*not important*) to **5** (*very important*).

Values

Importance

_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5

Priorities

Importance

_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5

Reflecting on your values*

Now that you have identified what is most important to you, it may be easier to find **specific reasons** why you might or might not want to participate in this pig kidney xenotransplant clinical trial. You can use the space below to write out your reasons for or against participating in the clinical trial. Or, you can write your ideas down on a separate piece of paper or talk about your reasons with family members or others who support you.

First, write down the reasons for and against participating in the clinical trial. Next, rank how important each reason is on a scale of **1** (*not important*) to **5** (*very important*).

Reasons **to** participate in the clinical trial:

Importance

_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5

Reasons **not to** participate in the clinical trial:

Importance

_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5
_____	1	2	3	4	5

*There are no right or wrong reasons. Your transplant team will understand and accept whatever you choose to do. They will not try to change your mind.

What are the next steps?

- This page is meant to help you focus your thoughts and note down your preferences at this point in time.
- This page is meant for your use only.
- After you fill out this page, it will be up to you to pursue your options.
- No one from the research team will reach out to you.
- This page is **not** an informed consent form.

Check what you want to do next (check all that apply).

- I want to continue with my current treatment plan.
- I want to discuss the options with my kidney doctor.
- I want to discuss the options with my family.
- I want to learn more about the pig kidney clinical trial.
- I want to participate in the pig kidney clinical trial.
- I do not want to participate in the pig kidney clinical trial.

Sources for information

- Carson R.C., Juszczak M., Davenport A., et al. Is Maximum Conservative Management an Equivalent Treatment Option to Dialysis for Elderly Patients with Significant Comorbid Disease? *Clinical Journal of the American Society of Nephrology* 2009;4(10):1611-1619. doi:<https://doi.org/10.2215/CJN.00510109>
- Chou A., Li K.C., Brown M.A. Survival of Older Patients With Advanced CKD Managed Without Dialysis: A Narrative Review. *Kidney Medicine* 2022;4(5):100447. doi:<https://doi.org/10.1016/j.xkme.2022.100447>
- De Pasquale C., Pistorio M.L., Veroux M., et al. Psychological and Psychopathological Aspects of Kidney Transplantation: A Systematic Review. *Frontiers in Psychiatry* 2020;11. doi:<https://doi.org/10.3389/fpsy.2020.00106>
- Denisov V., Zakharov V., Komisarenko E., et al. Social Aspects of Long-Term Kidney Transplant Outcomes. *Transplantation* 2018;102:S617. doi:<https://doi.org/10.1097/01.tp.0000543518.54626.b4>
- Engelbrecht B.L., Kristian M.J., Inge E., et al. Does Conservative Kidney Management Offer a Quantity or Quality of Life Benefit Compared to Dialysis? A Systematic Review. *Nephrology* 2021;22(1). Doi:<https://doi.org/10.1186/s12882-021-02516-6>
- Flythe J.E., Hilliard T., Lumby E., et al. Fostering Innovation in Symptom Management among Hemodialysis Patients: Paths Forward for Insomnia, Muscle Cramps, and Fatigue. *Clinical Journal of the American Society of Nephrology* 2019;14(1):150. doi:<https://doi.org/10.2215/CJN.07670618>
- Gordon E.J. "They Don't Have to Suffer for Me": Why Dialysis Patients Refuse Offers of Living Donor Kidneys. *Medical Anthropology Quarterly* 2001;15(2):245-267. doi:<https://doi.org/10.1525/maq.2001.15.2.245>
- Jiang Y., Villeneuve P.J., Schaubel D.E., et al. Long-Term Follow-Up of Kidney Transplant Recipients: Comparison of Hospitalization Rates to the General Population. *Transplantation Research* 2013;2(1). doi:<https://doi.org/10.1186/2047-1440-2-15>
- Johns Hopkins Medicine. Kidney Transplant. www.hopkinsmedicine.org. <https://www.hopkinsmedicine.org/health/treatment-tests-and-therapies/kidney-transplant>
- Kalra G., Desousa A. Psychiatric Aspects of Organ Transplantation. *International Journal of Organ Transplantation Medicine* 2011;2(1):9.
- Kiberd B.A., Tennankore K.K., Vinson A.J. Comparing the Net Benefits of Adult Deceased Donor Kidney Transplantation for a Patient on the Preemptive Waiting List vs a Patient Receiving Dialysis. *JAMA Network Open* 2022;5(7):e2223325. doi:<https://doi.org/10.1001/jamanetworkopen.2022.23325>
- National Institute of Diabetes and Digestive and Kidney Disease (NIDDK). Kidney Transplant. Published December 13, 2024. <https://www.niddk.nih.gov/health-information/kidney-disease/kidney-failure/kidney-transplant>
- National Institute of Diabetes and Digestive and Kidney Disease (NIDDK). Hemodialysis. Published December 13, 2024. <https://www.niddk.nih.gov/health-information/kidney-disease/kidney-failure/hemodialysis>
- National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). Conservative Management for Kidney Failure. Published November 26, 2019. <https://www.niddk.nih.gov/health-information/kidney-disease/kidney-failure/conservative-management>

Sources for information (continued)

National Institute of Diabetes and Digestive and Kidney Diseases. Kidney Transplant (NIDDK). National Institute of Diabetes and Digestive and Kidney Diseases. Published August 5, 2019.

<https://www.niddk.nih.gov/health-information/kidney-disease/kidney-failure/kidney-transplant>

National Institutes of Health (NIH). NIH Clinical Research Trials and You. <https://www.nih.gov/health-information/nih-clinical-research-trials-you>

National Kidney Foundation. Dialysis. Published August 12, 2014.

https://www.kidney.org/atoz/atozTopic_Dialysis

National Kidney Foundation. Xenotransplantation. Published November 3, 2022.

<https://www.kidney.org/atoz/content/xenotransplantation>

National Kidney Foundation. NKF Calls for Swift Passage of National Living Donor Protection Act. Published April 27, 2023. <https://www.kidney.org/press-room/nkf-calls-swift-passage-national-living-donor-protection-act>

O'Connor N.R., Kumar P. Conservative Management of End-Stage Renal Disease without Dialysis: A Systematic Review. *Journal of Palliative Medicine* 2012;15(2):228-235.

doi:<https://doi.org/10.1089/jpm.2011.0207>

Reindl-Schwaighofer R., Kainz A., Kammer M., et al. Survival Analysis of Conservative vs. Dialysis Treatment of Elderly Patients with CKD Stage 5. *PLOS One* 2017;12(7). doi:<https://doi.org/10.1371/journal.pone.0181345>

So S., Li K., Hoffman A.T., et al. Quality of Life in Patients with Chronic Kidney Disease Managed With or Without Dialysis: An Observational Study. *Kidney360* 2022;3:1890-1898.

doi:<https://doi.org/10.34067/kid.0001602022>

Strohmaier S., Wallisch C., Kammer M., et al. Survival Benefit of First Single-Organ Deceased Donor Kidney Transplantation Compared with Long-term Dialysis Across Ages in Transplant-Eligible Patients With Kidney Failure. *JAMA Network Open* 2022;5(10): e2234971. doi:

<https://doi.org/10.1001/jamanetworkopen.2022.34971>

Tobin D.G., Lockwood M.B., Kimmel P.L., et al. Opioids for Chronic Pain Management in Patients with Dialysis-Dependent Kidney Failure. *Nature Reviews Nephrology* 2022;18(2):113-128.

doi:<https://doi.org/10.1038/s41581-021-00484-6>

U.S. Food and Drug Administration. Xenotransplantation. Published September 26, 2022.

<https://www.fda.gov/vaccines-blood-biologics/xenotransplantation>

United States Renal Data System. 2022USRDS Annual Data Report: Epidemiology of Kidney Disease in the United States. National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, 2022.

Wong S.P.Y., Rubenzik T., Zelnick L., et al. Long-term Outcomes Among Patients with Advanced Kidney Disease Who Forgo Maintenance Dialysis. *JAMA Network Open* 2022;5(3):e222255.

doi:<https://doi.org/10.1001/jamanetworkopen.2022.2255>

Wu C., Evans I., Joseph R., et al. Comorbid Conditions in Kidney Transplantation: Association with Graft and Patient Survival. *Journal of the American Society of Nephrology* 2005;16(11):3437-3444.

doi:<https://doi.org/10.1681/ASN.2005040439>

Acknowledgments

The information in this document is meant to supplement information you get from your healthcare providers and transplant research team.

Publication date: June 2025.

Last updated: May 2025.

Updated by content editors and based largely on published studies.

Content editors: Jessica Gacki-Smith, MPH, Elisa Gordon, PhD, MPH, Michael Gusmano, PhD, Karen Maschke, PhD, Dahlya Manning, BA, and Faith Wershba, MPhil.

All content editors have declared no conflict of interest.

Development of this document was supported by an award (R01TR003844) from the National Center for Advancing Translational Sciences (NCATS) of the National Institutes of Health (NIH) to Karen J. Maschke, PhD, The Hastings Center for Bioethics; Michael K. Gusmano, PhD, Lehigh University; and Elisa J. Gordon, PhD, MPH, Vanderbilt University Medical Center, multiple Principal Investigators. The content is solely the responsibility of the authors and does not necessarily represent the official view of NCATS or NIH.

For more information about the NIH-funded Xenotransplantation study, visit: <https://www.thehastingscenter.org/who-we-are/our-research/current-projects/ethical-and-policy-guidance-for-translational-xenotransplantation-clinical-trials/>

Average readability rating (SMOG): 11.6

The level of evidence for studies referenced in this decision aid varied.

Acknowledgment to Faith Wershba of the Hastings Center for Bioethics for designing and creating the layout of the document.

Sources that were consulted in designing the document:

Coulter A., Stilwell D., Kryworuchko J. et al. A systematic development process for patient decision aids. *BMC Medical Informatics and Decision Making* 2013;13:S2.

<https://bmcmmedinformdecismak.biomedcentral.com/articles/10.1186/1472-6947-13-S2-S2>

Joseph-Williams N., Newcombe R., Politi M., et al. Toward Minimum Standards for Certifying Patient Decision Aids: A Modified Delphi Consensus Process. *Medical Decision Making* 2013;34(6):699-710.
<https://journals.sagepub.com/doi/10.1177/0272989X13501721>

Kidney Research Yorkshire. A Dialysis and Conservative Care Decision Aid: Living with Kidney Disease.

<https://www.kidneyresearchyorkshire.org.uk/wp-content/uploads/2022/11/Diaysis-Conservative-Care-FINAL-SEPT-2020.pdf>

O'Connor A., Stacey D. The Ottawa Personal Decision Guide © 2000. University of Ottawa, Canada.

The Ottawa Hospital Research Institute. Ottawa Decision Support Framework (ODSF) <https://decisionaid.ohri.ca/odsf.html>. Date last updated: October 10, 2022.

Winton Centre for Risk and Evidence Communication and NHS England. Making a decision about carpal tunnel syndrome. Date last updated: July 2022 v1.1

Winton Centre for Risk and Evidence Communication and NHS England. Making a decision about cataracts. Date last updated: July 2022 v1.1

© 2025 The Hastings Center